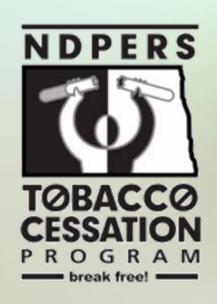
Smoking Cessation Program Sponsored by PERS

NDPERS Wellness Forum November 9, 2005 Kathy Allen



BACKGROUND

- 2003 Legislature provided \$250,000 to Health Department to fund smoking cessation programs for state employees.
- NDPERS partnered with Health Department and BCBSND to develop program.
- Program launched in August 2004 and concluded June 30, 2005.

PROGRAM PARTICIPATION

2003-05 Biennium:

- 169 individuals participated in the program
- \$35,302 was reimbursed to cover counseling, office visits, and Rx and over the counter medications.

NEW BEGINNING

- 2005 Legislature provided \$200,000 to Health Department to fund smoking cessation programs for state employees.
- NDPERS has again partnered with Health Department and BCBSND to develop program.
- Program reinstated September 2005.

BENEFIT PERIODS

 There will be 4 benefit periods to enroll throughout the biennium

- **>9/1/2005 − 12/31/2005**
- **>1/1/2006 − 6/30/2006**
- >7/1/2006 12/31/2006
- **>**1/1/2007 − 6/30/2007

SERVICES & REIMBURSEMENT

- Per Member Per Benefit Period:
 - \$200 for counseling services
 - \$500 for office visit, prescription drugs and over-the-counter drugs prescribed for tobacco cessation
 - Total expenses cannot exceed \$700

ENROLLMENT

- Information available through BCBSND service unit number on insurance ID card
- PERS web site at <u>www.nd.gov/ndpers</u> under smoking cessation icon on home page

QUESTIONS?

